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IN YOUR ANCIENT GENES



Purpose Break Out Session

Briefing:

We will shortly break out into a customized brainstorm for each Genetype. First let me offer some ideas and help you consider the potential distractions from finding your purpose:

- **Don't let ego get in the way.**

We haven't terminated your ego by finding your true self. Like your shadow, your ego is ever present. The best we can do is to not identify with it, be mindful of it, and not let it blur your vision of truth. Allow your mind to take its natural course and trust your feelings. If you find yourself choosing a purpose to impress others, you're probably identifying with ego and society instead of true self.

- **Focus on strength.**

To respect your Genetype is to respect its flaws, and all the Genetypes have them. Focusing on *both* strengths and weaknesses as a whole tells you what your purpose is because your weaknesses tell you what your purpose is *not*. It's about deduction as well as selection. For example, police work often attracts the MG-6 Genetype because of his

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natural propensity toward protecting and being where the action is, but is he the right man for this job, considering this Genetype is also fiery, quarrelsome, and quick to the fists, seeing everything as a threat? In ancient times this would have served warriors and hunters well, but not in contemporary police forces. This Genetype-purpose mismatch is the cause of the constant stream of police brutality outrages we witness today, and police departments would do well to include Genetypal awareness in their recruitment. Conversely, FG-5 (protect the vulnerable) and MG-1 (logic) are far better Genetypal matches for police work, but not so much for military duty.

- **Bliss is bittersweet.**

Finding and living your purpose doesn't mean living a totally perfect life because *real* life is bittersweet, but it will be a life based on truth, consciousness, and lucidity as you do what you are meant to be doing each day, living in your personal bliss, without those nagging and doubting voices in your head. Remember, we aren't trying to change you, we are trying to resurrect your true spirit. Purpose is not panacea, it is peace, your automated and unconscious mantra to transcend thought.

- **Use your imagination.**

You will need to know your Genetype, accept it, love it, and be true to it to find your purpose. When you consider how many activities and occupations there are in the world, it would be an impossible task for me to give you an exhaustive list, so I have only made

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broad suggestions. Something I've learned from working with many people on this compels me to repeat that: IT WOULD BE AN IMPOSSIBLE TASK FOR ME TO GIVE YOU AN EXHAUSTIVE LIST, SO I HAVE ONLY MADE BROAD SUGGESTIONS.

Imagine all the possibilities, try some on for size, and see how they make you *feel*. I've also given you alternative and imaginative purposes for your Genetype. The breakout section that follows is designed to inspire you to take the brainstorm further, not to be restricted to the short list it offers.

- **One step back, two steps forward.**

Don't be put off fulfilling your purpose because it would mean too much disruption to your life. When the goal you're pursuing is your true purpose in life, it's not a grind, it's bliss, and your motivation to attain it becomes automatic. Sometimes the goal we're frantically channeling our life into is not our purpose, but we are so blinkered and focused on the finish line we don't stop to ask if this is a race we should be running in. As you discover your purpose in life, you may find it clashes with your current predicament or even your ability to pay the bills. But where there is a will, there is a way around any catch-22, and tapping into your true self gives you unlimited will on autopilot. Sometimes you have to take one step back to take two steps forward. You must not let your current life dictate your future life when that future life is your destiny. Your true self, that plant under the rubble, will find a way to express itself whether you like it or not,

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torturing your existence in surreptitious and sometimes destructive ways until you acknowledge it. You can run from your Genetype, but you can't hide.

- **Look under your nose.**

Don't rule out what you're doing currently as being your purpose. It's possible, perhaps even likely for some Genetypes, that you are already doing what you should be doing each day, only now the voices of doubt in the corridor will cease, the grass will no longer look greener on the other side, and you will now engage your purpose with clarity and renewed verve. You will be at peace, and the wondering about your meaning will end. But be sure you aren't fooling yourself or settling for the sake of laziness or convenience!

- **Work with the hand you're dealt, not the one you want.**

Your true self is who you are, and it's time to make peace with yourself, accepting the Genetypal hand you've been dealt instead of resisting it. Your ego could now try to make you switch Genetypes to suit a loftier purpose, but cheating purpose will ultimately come back to bite you, and your life will be one long Groundhog Day of frustration, something I learned the hard way after an eclectic lifetime of overachievement.

- **Don't rule out the humble.**

Your purpose is not necessarily grand or glamorous; it's often the contrary. Only television and celebrity magazines imply otherwise. You don't need to be an icon to

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make a difference to the world, you merely have to dig out your soul, and this simple act will have done more for humanity than any Hollywood icon could ever imagine, not to mention achieving a level of immortality that icons would (and do) die for.

- **Don't make it all about money.**

Time is not money; time is *meaning*. While not precluding any purpose, deciding on a purpose or a variation of it purely for money will be a mistake. Treat the money your purpose attracts as a bonus.

- **It must make time stand still.**

I've spoken about "transcending thought" and how you don't watch the clock when time stands still. At such a time you are present, the mind is still, with no care for past or future, and a "hidden hand" is in control. Recall the times in your life you felt this bliss state: a rainy afternoon "wasted" in bed with a true love as you lost track of time, the flavor of your favorite dish singing through your nasal cavity, the rush of adrenaline during a brush with death on a roller coaster. *Feel it*. The core mission of this book is to bring you to this place, permanently and automatically, through finding and living your purpose—a state of bliss that represents your true self. Only three things can grant you this without much conscious effort on your part: food, sex, and death. Though we can imagine giving it a good shot, we can't eat and make love all the time, and suicide is a trifle extreme as a solution, so outside that bliss-trifecta, only having *your purpose as a*

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core value can take you to your bliss as a constant and automatic state. If what you decide as your purpose doesn't make you feel *at peace*, then you chose unwisely and must start over.

- **Look under the hood.**

It's vital that you become deeply intimate with your Genetype to find your purpose. Don't succumb to the obvious, the literal, and instead get to the *core essence* of your Genetype. People sharing the same Genetype aren't necessarily going to have the same purpose; most of the Genetypes have a *range* of purposes to choose from for the best fit. In the breakout session that follows, I attempt to give you a suggested Genotypical purpose *range*, but you may need to use your imagination for more choices. The *type* of industry you're in isn't as important as what you're doing *within* it, facilitating not such a dramatic change in your life. But don't settle for a false purpose or a compromise for the sake of ease or money. There's going to be an element of trying on the shoes to see if they fit, or at least digging deep into all the everyday elements of any purpose, and then imagining doing it, comparing your life experiences to it, knowing what has given you the most bliss in your past.

- **Hobbies and interests may or may not be a clue.**

Enjoying sex does not make one's purpose a prostitute. Know the difference between pleasure and joy, and what we are searching for is *joy*. But you could get introspective

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about sex as one example of something that gives you *pleasure*, and ask yourself *what* you enjoy most about it or even *why* you enjoy it. What one person sees purely as a physiological need of life, another person sees as a channel to God. You like playing video games? Hard to imagine this is your purpose in life, but ask yourself what you like about them and what types of games, though I can think of better starting points. The joy of creating something is in all of us, but enjoying writing or painting as a hobby (pleasure) is completely different to being *possessed* with the fundamental *need* to create and compulsively sacrificing sleep/relationships/sanity over creative projects as certain Genetypes do.

- **Pay attention to the clues of your past.**

Cast your mind back and pay attention to *recurring* feelings or signs or moments of bliss like those I've described. Sometimes so many nurture-overlays bury a true self that it moves you in mysterious ways. Recall the moments of bliss, and focus on the times when you felt *compelled* to do something, almost as in a supernatural force possessed you to take action on an ongoing basis, inconsequential of any material reward, and that action soothed your soul. Vice versa for the moments that gave you the *opposite* feeling.

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- **Genetypes aside . . .**

Nothing is off the table to you as long as it truly fits your purpose, even if it falls outside the obvious scope of your Genetype. Again, **NOTHING IS OFF THE TABLE TO YOU AS LONG AS IT TRULY FITS YOUR PURPOSE**. It could be an abstract part of your Genetype that gets satisfied, or sometimes a God-given gift shines out regardless and transcends Genetypes and all overlays. Writing, teaching, running your own business, and getting involved in politics could all become channels of purpose that potentially change the world, so these areas have a broad fit as long as *what* you're doing within them is ticking your box of meaning. Remember, the main goal of this book is to bring you happiness through purpose. I only offered Genetypes as a commonly effective pathway to getting it, so don't deny yourself anything as a result of being too much a slave to your Genetype *as long as your true self is driving, not your ego with its wishful thinking*. You can accomplish anything, but there's only one thing you *should*.

- **Never say never.**

Clarity sparks confidence, and what you have now is clarity, thanks to knowing your Genetype. You must *not* shy away from your purpose if it seems like too lofty a dream! You don't *have* to be world champion of your field of purpose, you just have to *engage* your true self in the activity and drift in the river of joy it takes you to.

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Now we will break out into Genetypes. If you come across something that opens your eyes wide and touches you deep down, *pay attention*. Let the raw spirit of your Genetype guide you.

You'll know it when your *true self* finds it.

Choose wisely . . .

FG-1

Compassion is your Dominant Driver. You have the luxury of being one of the few Genetypes that has your purpose displayed in flashing lights, even if it's an especially bittersweet one: your bliss state is when you're caring for others, especially wounded souls. You will sacrifice for your children or those in your care, no matter what the cost because *it's what you do*. You're proud of this trait, you make no apology for it, and you're baffled why everyone else isn't the same way. But when it comes to choosing exactly what you do each day and how you do it, there are some pitfalls to avoid.

You must choose an activity that actually gets you on the *front lines* of caring for people. For example, working for a charitable organization may sound good, but not so much if you're shuffling paper in the back office. You need to see the person/people in need firsthand and deliver your compassion to them directly. It's also important that your work is mostly focused on

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that core activity, not just sometimes. Additionally, some activities can *appear* as catering to your purpose, but in practice do not, so be sure to commit to things with both eyes open, especially for someone who doesn't like to disappoint others, as in leaving a job where you're *needed*.

You need to be needed, but nobody needs you like the world does right now because compassion has become a scarce resource and is the key to restoring balance in society. With this in mind, consider where you can do the most good, where you can heal the most amount of people. Better still, consider how you can activate compassion in others by giving your gift to a wide audience. Your purpose spectrum may *appear* limited until you consider your core meaning of simply caring for people in any form.

Occupations such as nurse, nanny, physical therapist, midwife, and mother would tick all your obvious boxes. The less obvious could be an emergency room doctor. But compassion can be delivered in many ways to many different people, and you want to witness the effect of your gift on the faces of those you care for. A kindergarten teacher might suit you, especially if you don't have children or they've left the nest, but how would you feel if one of those children wasn't having a happy childhood and there wasn't much you could do about her home life? Working on the front lines of charities that deliver urgent relief supplies could suit you—*seeing* starving children eat. If you thought big, could you start your *own* charity? Would working in hospitality in a Western hotel accomplish something in comparison? Only you can answer this. Don't rule out

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writing or speaking or counseling, taking your message as far as possible. Starting a business such as a retirement home might also offer you an entrepreneurial angle with total control over care given. A natural-health business might also be a fit if you had access to the results with customers.

Think about how you'll be able to stay in your bliss state until the end. How could you continue to deliver care and compassion when you become elderly and run out of patients/young children?

Think about how to deliver your gift to the world in the biggest way possible. Does the extent of your sacrifice to others mean a partial sacrifice of your purpose in order to enter politics or drastically change the structure of a charitable force by sitting in an office?

FG-2

Victory is your Dominant Driver. Your bliss state is to compete/fight/prove, particularly in typically male-dominated arenas and as part of a team. Provided those boxes are ticked, the spectrum of purpose is wide open for you. You want to stand shoulder to shoulder with men in "battle" (literally or figuratively) and not be seen as any different to them—ideally *better* than them. Your meaning should be obvious to you now, but what you do about it and how is more of

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a question than others face, and this doesn't frighten you. Most other people yearn to escape the fight, but for you it's the opposite because life is an eternal arena/battleground.

Let's start with a couple of traps you must not fall into. If striving for victory in battle is what you were built for, remember the sayings "Choose your battles" and "Be careful what you wish for." Your ancient programming for competition makes you a potential victim of Beat-the-Jones's Syndrome, your ancient genes in a modern world deceiving you into perceiving square footage and "stuff" as winning because that's what society has told us means winning, but that is one battle you can't win. Your need for continual competition makes it important to not be stuck in a dead-end job; you need to progress at least until you've reached the top.

You might be particularly attracted to pioneering new ground for female accomplishment; think Amelia Earhart, Hua Mulan, and other FG-2 Genotypes that were here before you. An Genotype such as yours becomes particularly interesting when we remember the golden rule of "any purpose is suitable as long as it takes you to your personal bliss." You could accomplish this in anything from joining the military to being an airline pilot to running your own business, anything that allows you to compete/fight/prove and better others. Sports offer a direct outlet for you to compete, whether professionally or otherwise, especially in sports that are male dominated. Your wide range of options means you will have to work harder than most to find the right expression of purpose for you, but you love a challenge, so game on. Your gift can be given to the world in so many ways, and the one you may intend least or be least conscious of is

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showing the world that females are and should be considered equal to males. Adding your female intuition to a male-dominated team gives them a sensual edge they previously lacked.

Special note: If you have suffered negative paternal issues in your past—no biological father, a family rift, or abuse—this especially heavy weight for your Genetype can blind you to your purpose and leave you a “wounded warrior,” but understand that what happened then does not define you now; your ancient Genetypal clones do.

Think about how you’ll be able to stay in your bliss state until the end. How will you compete in a *physical* way when you are elderly? Don’t say wheelchair races with men in the care home. Will you need to consider the victory of pen over sword?

Think about how to deliver your gift to the world in the biggest way possible. Politics is perfect for this; talk about competitive. Police detective and surgeon are both professions that actually save lives as well as offering you new challenges. And don’t forget the title of “First woman to...”

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FG-3

Spirituality, connection with The Energy Field is your Dominant Driver. Deep down you know we are from a different time and place, and you are more sensitive to this fact than others who remain unconscious of it. Your meaning is to embrace what you already sense to be true, that a natural energy exists, and that we must stay connected to it, not lose our way. You are a critical force in restoring balance to the world, and you must not shy away from your true destiny. *Use* your connection to The Energy Field, tap into it, and let its message flow through your body and into your fingers and/or mouth so you can translate it to the world.

Your perpetual need for isolation serves a purpose in that it allows you valuable time to connect with the spiritual and recharge, but isolation serves no purpose when it is to escape the disturbance in The Energy Field that becomes so apparent to you when among more crowded areas and other (stressed) people. You've been given this power, like it or not; you simply need to embrace it. This is both the gift and the curse of shaman: access to dimensions that others struggle to access. The Energy Field is trying to communicate with the world, and you are its interpreter. Without understanding this, by succumbing to the easy path of simply running away from the disturbances in energy from this lost society, you will gravitate toward activities that offer simplicity but only *appear* to tick your boxes, such as pet breeder or farmer or wildlife

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reserve warden or even a nun. Those activities may bring you mild happiness or help you avoid the sadness of society, but this is not your full potential or deep bliss state.

Writer, spiritual leader, and yoga teacher may be more your purpose and make you the channel between the material and spiritual worlds. Facing crowds is possibly intimidating for you, but the impact you could have on them would be worth it and would make you overcome the fear *when you can witness your impact on negative energy, converting it into positive*. Let The Energy flow *through* you. Don't hold onto it, because that is how the negative can remain with you.

Think about how you'll be able to stay in your bliss state until the end. The Energy Field runs through you until the end and beyond, so have no further thought on this.

Think about how to deliver your gift to the world in the biggest way possible. You are shaman, priestess. Along with MG-3, the continual reproduction of your Genotype is what's responsible for the myths, religions, and metaphors repeating in different ways in different cultures around the world, whether you're conscious of it or not, and the deep and life-changing lessons they carry is encoded in your work. I know you didn't ask for this gig, but you are a bridge between past and present, you are a channel between material and spiritual. Learn the myths and one basic religion of our most ancient ancestors, subliminally translate it into the modern tongue with the "hidden hand" as your guide, find and inspire FG-3s and MG-3s who will outlive you, and

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pass on the message of our lengthy past. Come out of hiding. This is your code, your craft, and your calling.

FG-4

Creative expression is your Dominant Driver, perhaps to your surprise. There is a great deal more to you than you and others may see at surface level. Underneath the symbol of femininity is where your true meaning hides: creative expression, and not simply because you're a born actress. What people don't understand is that, much like MG-3, you're a born creative artist only, unlike MG-3, your creative work isn't necessarily a separate entity to you; *you* are the work. Your face and body are the canvas you paint on, and the many different paths into a creative world are your true meaning. You aren't necessarily a classically beautiful woman, but you have sex appeal with the way you carry yourself and the alluring clothes you wear (often starting fashion trends by yourself)—look closely and objectively at Marilyn Monroe and you'll see this.

Your purpose is also to bring out The Goddess in other women, directly or by example, and when you do so, your perceived threat is replaced by what you stand for. "This is what raw femininity looks like."

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The really obvious purposes you may consider are, as suspected, actress, singer, dancer, model, etc. But also, if you want a less competitive field that additionally focuses on bringing out The Goddess in others and more control over creativity, consider less obvious activities such as fashion designer, makeup artist, costume designer, and beautician. In ancient times, I can picture you placing flower necklaces on females, but let's now consider your deeper purpose and how you can deliver your gift to the world in other ways.

Think about how you'll be able to stay in your bliss state until the end. Find a purpose that ideally blends your joy of spotlight with creativity but also that has longevity, to include a pathway for later life and growing old gracefully without attaching your happiness completely to appearances. For example, being a model usually has an expiration date, but if this leads to photography or fashion design, then good. Being an actress is something you can take into later life, or perhaps transitioning to off-camera talent instead.

Think about how to deliver your gift to The world in the biggest way possible. You have the potential purpose of creating an invention that improves lives (conception stage only, so partner with another Genetype for the rest), being a life coach, or writing/painting/photography to make people think and to make people *love*. You aren't meant to be understood, even by yourself, because love is not meant to be understood. You're sometimes accused of being superficial, that with you it's all on the surface. They're right, but not in the way they think, for your true

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purpose lies deep within you, waiting to be activated. You represent something sacred, something lost and waiting to be found. Show us your true meaning.

FG-5

Protecting the vulnerable is your Dominant Driver. You must fight for a cause, compete, and above all else, *protect*. “Feminist” is really only a contemporary label society may give your Genetype, but what’s *truly* woven into your genes is your inherent desire to fight for the independence and equality of others, particularly the vulnerable. Notice how common it is to see your Genetype also identifying with the fight for causes like gay rights, transgender recognition, and racial equality, so “feminist” is really too limiting a term for you and your formidable abilities. You are the predominant counterforce to patriarchy, and you (rightly) even consider the planet as something vulnerable that needs protection from exploitation, a cause that has nothing to do with feminism. Throughout human mythology, your type was portrayed as wielding a bow and arrows (a weapon that’s been dated to over 60,000 years ago). As guardian of the vulnerable element of a tribe, skill with a bow would’ve allowed you to pick off multiple targets from a distance before they could get to those you protect. Hence, your Genetype often possesses good hand-eye coordination.

As long as you’re loyal to your Dominant Driver, there is a range of options open to your purpose, and a decision to make between pen and sword about how you enter this role. You

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need to stand on a wall between the vulnerable and those who would oppress them. You want to make a difference, ideally in the prevention of attack against the vulnerable, but failing that, in working with the victims and discouraging further violations. Revolving around your Dominant Driver opens a surprisingly wide purpose spectrum, and you'll now understand why certain Genetypes feel torn between ludicrously different career choices such as journalist or police officer- both those roles would suit you, yet they seem very different to the uninitiated. Activities that would fall under "pen" might be journalist, editor, human resources professional, lawyer (criminal, civil rights), politician, and charitable worker for causes that involve protecting women and children. Activities that would fall under "sword" could be police officer, soldier (in a defensive role, not offensive), firefighter, medic, social services worker (child abuse, domestic violence, rape), self-defense instructor, women's shelter volunteer. Your formidable force opens you up to business applications and business ownership but could potentially compromise your purest form of purpose.

Think about how you'll be able to stay in your bliss state until the end. As you age, the "sword" options will become less available, so you must transition to "pen" at that point, if not before. Experience in journalism or publishing may lead you to write or own a publishing business or consult. Stay influential.

Think about how to deliver your gift to the world in the biggest way possible. Politics is a path you can take into your senior years that allows you a platform to fight for matriarchy at the

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highest levels of influence, for you don't need to be on the front lines; you simply require results. We are all counting on you, even though most people don't know it or appreciate it.

FG-6

Healing is your Dominant Driver, but you probably never even suspected as much at a conscious level, and I strongly doubt you are living this purpose already. An awakening for you is perhaps the most surprising and dramatic of all the Genetypes. Pre-awakening, your purpose seems to be simply having freedom and fun with a safety net. Post-awakening, once you lose your rose-tinted glasses on life, you transform into a guide for others, a healer, and someone people can go to for help. In this dramatic transformation, your innocence is traded in for leadership and bravery.

In your initial Genetype description, I referenced Ridley Scott's film *Thelma and Louise*, with you as *Thelma*. *Thelma* starts the story as a flighty, irresponsible girl who has an uncanny talent for attracting trouble that (FG-5 protector) *Louise* keeps rescuing her from, climaxing in *Louise* executing a man *after* he tried to rape *Thelma*, sending them both on the run from the law. Notice how by the end of *Thelma and Louise's* journey, *Thelma* becomes the braver of the pair, even leading *Louise*, and finally driving off a cliff rather than being captured by the agents of patriarchy, the latter being *her* idea, not fearless *Louise's*. *Dorothy* eventually exposed *The Wizard of Oz* and then stuck it to him with both barrels for the deception, forcing him to heal her

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companions, one way or another. *Dorothy's* and *Thelma's* journeys are modern-myth illustrations of your purpose of taking your place as guide and healer.

If I was pandering to the pre-awakening version of you, I would point to careers such as event planner, tour guide, cruise ship entertainer, or perhaps public relations professional. Pre-awakening, you are built for playtime, so play. If you really must work, then choose an activity with perpetually changing action and scenery, something that gets you attention and into society, something fun, and ideally with flexible hours.

Post-awakening must be where you are headed for true purpose, though, and you take the good qualities of children with you in an awakening: empathy, innocence, and curiosity. But now you are drawn more to healing others, listening to them, and tuning into their needs because you have now crossed the river of fire that they face. The question is: how can you meet your destiny and cross that necessary river of fire you need to awaken? *Thelma* had a continuous brush with danger and death, but what will you do? As a catalyst for awakening, consider ways of transitioning between the pre-awakened and post-awakened purposes, perhaps by combining social events with therapy. For example, dating clubs for niche markets such as disabled or trauma victims. You don't necessarily have to experience danger for yourself, you only need exposure to the effects of it.

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Think about how you'll be able to stay in your bliss state until the end. Writing, teaching, counseling, and speaking will allow you an eternal platform to guide and heal.

Think about how to deliver your gift to the world in the biggest way possible. Ultimately you must be headed for occupations such as therapist, counselor, and psychologist, and delivering your message by writing or speaking or doing charitable work will make as many people whole again as possible, bravely leading wounded souls out of darkness and into the light of hope, to rejoin our world.

FG-7

Partnering is your Dominant Driver. On the surface, it's very simple: to find and marry The One, and then to be the best partner you can be to them, together *as equals* until death do you part. The interesting part of your Genetype is that you're the only Genetype whose purpose is intertwined with your romantic relationship with one person. Where it goes wrong is if your partner misreads your idolizing of them as weakness and takes advantage of it, elevating himself or herself above you (typically if that partner is male). That's why you make their life hell when they attempt this, usually by temporarily abandoning them. This potential disharmony is symbolic of the male-female dynamic in the patriarchal society of today.

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Your purpose should have always been obvious, but your motive is often misunderstood by both supporters of patriarchy and matriarchy alike—the former disrespecting you and taking advantage of you, the latter misreading you as everything they’re fighting against, and both of them plain wrong because you represent *balance*. Matriarchy isn’t about females ruling; it’s about females being equal, side by side with males. Assuming matriarchy is about females being on top is the result of a mere few thousand years of patriarchal thinking. Our ancient past explains how males and females are equal, if anything females being slightly above men.

The inherent love and kindness of The Feminine makes your side of this equation appear weak to the wrong type of (usually male) partner. So the hard part for you is perhaps finding the right partner or not being with the right partner, and being comfortable in your bliss despite contemporary society’s attempts to ridicule and demean it. Additionally, you *must* have an alternative plan that meets your needs to be a matriarch in the event you lose your partner or never find them. Remember, if you chose the wrong partner, especially a man who is not fit to be your “king,” you must not be afraid to leave and start over, because partnering is your purpose in life. What makes the right partner? You need someone who is a strong leader type but who can remain balanced and at your side as an equal. If you have no other choice but to work, ensure it fits the matriarchal role by having a surrogate “family” to watch over and support.

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Think about how you'll be able to stay in your bliss state until the end. You may well outlive your partner, but that is a reality you face bravely, idolizing their spirit when they've departed.

Think about how to deliver your gift to the world in the biggest way possible. There *is* life outside your partner's happiness and your family, and you could find a way to spread your meaning and show your natural leadership. You represent The Matriarch, and you must doggedly continue to dig your heels in for partners as equals, never suffering subjugation.

MG-1

Logic is your Dominant Driver, and what a broad range of disciplines this entails: communication, cooperation, analysis, motivation, organization, systems technology, to name a few. Underneath it all is a need to bring order from chaos, to engender and oversee cooperation. You must be among others, working with them, uniting them, forging a path to a common goal for the greater good, and the result is all the reward you need. You need to feel useful in a structured and civilized society. Your ancient past translates well into the present-day corporate or governmental "tribes," and you're the glue of today's workforces.

You're one of the more blessed Genetypes when it comes to finding your purpose because you have such choice, and because chances are your current career likely gives you purpose, as it's a good fit for modern society, only now you can enjoy the lucidity of knowing that you're doing

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what you're supposed to. You're a career animal, so the main thing is to be part of a team in a large organization or to be an independent contractor who can be made to feel like part of that team with your clients. You need to be on the go, planning, and moving toward goals. Hacking your way to starting your own large business isn't going to be as suitable, so try not to get sucked into that trap, perhaps out of a need for more order; better to change to a more structured and orderly organization and play to your strengths of logic and teamwork. If an employer doesn't recognize you as the gift you are, then move on or consult.

The more obvious type of careers would be accountant, scientist, manager, engineer, consultant, programmer, etc. But there are other doors open to you that you may have never let your imagination run to that still tick all your boxes: airline pilot, IRS agent, detective, military intelligence officer, judge/attorney, doctor/surgeon, financial analyst. My list of purposes could never be exhaustive for you, but you're the type of person who is more inclined to require one, so here's an idea to spark your imagination. This book covers a wide range of topics. As you read through, pay attention to which topics raise an eyebrow and see where this thought takes you, as long as you're being true to your core needs for purpose: using logic and working as part of a team.

Think about how you'll be able to stay in your bliss state until the end. Retirement and redundancies are a reality of a rapidly changing world, and both threaten to destroy your bliss state, even causing you severe health problems from the trauma of them. The trick will be to

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remember your Dominant Driver and understand that career isn't your purpose; using your teamwork skills is. This is something you can take into your later years, such as HOA management, charity management, etc. But you *must* continue to work, for the sake of yourself and others.

Think about how to deliver your gift to the world in the biggest way possible. Great challenges lay ahead of humanity, and your talent for negotiation talks could be instrumental, as could a scientific breakthrough. Also, you could influence corporations toward more environmentally responsible policies and play a part in staving off human extinction.

MG-2

Knowledge is your Dominant Driver. The simplicity of being able to contemplate the complex is all you require—to explore life's inner meaning, to accumulate ideas and develop theories, and *to relay them*. Note my emphasis on “relay them.” You're too intelligent with too much to contribute to keep your ideas to yourself. To reach your bliss state you must go beyond the acquisition and distillation of knowledge; you must deliver the fruits of it to the world and be recognized for doing so.

You need to be left alone with your thoughts and have the freedom to express the ideas that emerge as a result. The expression of your ideas could be the challenging part, but also

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essential, for you gain the satisfaction of seeing a possible impact on the world, and the Internet can assist you without having to leave the house. Start exploring mediums to get your ideas out there and even providing you an income. Public speaking in some form would also be a powerful medium that has the healthy side effect of completing you by forcing you to become more social and sympathetic to the people you're philosophizing about, as well as adding a more practical line of research to your theses if you enveloped the attendees as a focus group. With these bliss requirements in mind, avoid paths that may have seemed right to you before and are even *similar* to your correct path but don't tick your boxes quite enough. For example, high school teacher could sound tempting, but college professor gives you more of that intellectual freedom you need. The artistic side of you could appreciate art as a form of philosophy, and you would make an astute critic.

What it's really about for you is the *need to know and understand*. Scientist, inventor, engineer, author, media specialist, and psychologist dive into this basic need. Once you've got that base covered, it's a matter of deciding the outlet you'll relay your ideas through because you must not let it all simply bounce around and decay in your head! Being a monk would fit your purpose in many ways, but not completely because there's a part of you deep down that wants to change the world.

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Think about how you'll be able to stay in your bliss state until the end. You're one of the fortunate Genetypes who can usually have no restrictions to purpose caused by old age, and your mind will stay active as well as enjoying the benefit of years of knowledge.

Think about how to deliver your gift to the world in the biggest way possible. You see an alien world and want to be a force for changing it at a systemic level, so *what's stopping you?* It's tempting for you to lock yourself away, despairing at the daunting task of changing the trajectory of a lost society, but now you know there are many more Genetypes like you around the world, and, activated together, you will be a force for change. So it all begins with that intelligent man in the mirror.

MG-3

Creative expression is your Dominant Driver. Pen, paintbrush, guitar, camera, pan, or chisel, *pick it up and tell a story.* You have the gift of *vision* and can see what could become of a cold block of marble or a vacant piece of land. During moments of pure inspiration (and anger) it's as if someone or something is using you as a vessel to communicate through, like your actions are working faster than your head. That's The Energy Field talking to the world through you. Embracing that and its ambassador, The Muse, letting her energy flow through you *on her schedule* and articulating what she's saying, is your meaning. You are her microphone, like it or

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not. Many people who don't possess the gift of your Genetype aspire to be you, so be grateful and do what you were put here to do.

If you master your disposition, channel your gift creatively, and populate your vivid imagination with cathedrals instead of concentration camps, you could be an inspiration to humanity, your work admired and analyzed for centuries after your time. Better still, your work could make people *happy* and bring hope and joy to where there is none.

As long as you are engaged in creative expression, letting pure inspiration possess you, you are in your bliss state and have transcended more than most Genetypes, once you are there. Once this need is met, you are living out your purpose, and it's only a question of how you'll express yourself. The obvious choices for you dictate the channel of expression: writer, director, songwriter, photographer, chef, painter, sculptor, and designer. But make it count because you are here to shake the ground, to disrupt the status quo with your storms, to introduce a little chaos, and balance our inclination toward idle conformity.

Alternative roles, usually in more commercial and more reliably lucrative areas, will compromise your purpose to a degree, depending on how restricted your expression is in order to cater to market forces. You may have inadvertently wandered into one of these alternative roles, not previously knowing your Genetype: advertiser (creative team only), architect, property developer (doing this correctly requires vision—a fixer-upper or piece of vacant land becomes your canvas), computer games creator (ideas, not technical), or inventor (concept only). Notice how

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your purpose becomes lost if you get involved in the execution of an idea as opposed to its birth.

Think about how you'll be able to stay in your bliss state until the end. The Muse will whisper in your ear until your last breath, so have no fear on this one.

Think about how to deliver your gift to the world in the biggest way possible. You are shaman—the priests of our ancient past. Along with FG-3, the continual reproduction of your Genetype is what's responsible for the myths, religions, and metaphors repeating in different ways in different cultures around the world, whether you're conscious of it or not, and the deep and life-changing lessons they carry is encoded in your work. I know you didn't ask for this gig, but you are a bridge between past and present, you are a channel between material and spiritual. Learn the myths and one basic religion of our most ancient ancestors, subliminally translate it into the modern tongue with The Muse as your guide, find and inspire FG-3s and MG-3s who will outlive you, and pass on the message of our long past. This is your code, your craft, and your calling.

MG-4

Philosophy is your Dominant Driver; this is the cause, and obsession with women is merely the symptom. Pop the hood and consider what's behind your obsession with women. Much like Female Genetype 6, there is an "awakening" element implicit to your Genetype, assuming you'd

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like to enjoy the considerable benefits of committing to only one partner. It would be easy for me to dismiss the meaning of life for you as simply being “women,” and offer a list of purpose ideas that would suit, but there’s something at the heart that also needs considering: *an unconscious search for a maternal figure*, a quest for the perfect woman, for The Sacred Feminine.

Our ancient genes quietly crave the goddess worship that was imprinted on human DNA for the vast majority of our existence, but yours more than most. When you consider that philosophy is the study of the fundamental nature of existence, you can begin to understand that you are a temporally displaced disciple of The Goddess. It’s about intrigue, not conquest. This seed of knowledge might inspire you for further introspection and spur your (possibly latent) interest in the esoteric, art, or philosophy, opening new doorways of purpose such as teaching or writing. The reason life-goal completion has evaded you thus far is lack of motivation, and that’s because nothing has excited you enough yet (apart from women!) because you’ve been unaware of your true meaning. Now that has changed.

How to define your gift to the world, then? It must surely be to restore The Feminine to former glory, to figuratively paint her on temple ceilings. People who thought you a womanizer misunderstand how important your awakened state is. We could list activities such as matchmaker, dating coach, hairstylist, or barman, and they would tick all your boxes at a superficial level, giving you happiness but not your bliss state. You love women, you hate work,

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and you love to party. That wish list sounds more like pleasure than joy, and there is more to you than that.

Think about how you'll be able to stay in your bliss state until the end. This is what will encourage you to get to the heart of your disposition; your options for women chasing shall narrow to a depressing degree when you are elderly. And that is the time when you shall also regret not committing to one woman who, now you can see all female Genetypes, will not be perfect. Your quest to find the perfect woman has been a metaphorical one; you just didn't know it until now.

Think about how to deliver your gift to the world in the biggest way possible. You are here to show us how to embrace the wild and unpredictable side of our nature, not repress it, which is why you're often perceived as an outcast. But that goes with the territory, so stay true to your meaning no matter how many stones society throws at you. You might consider a career in any of the arts, particularly acting. Make the world see what you now see: The quest for the perfect woman is an unconscious quest for a return to The Divine, a quest to find what has been lost. Teach, write, speak, shout, and love women *as a group*, making reservations in your heart for just *one* special woman, forever, who is not perfect, but who is perfect for *you*.

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MG-5

Freedom is your Dominant Driver. Your meaning is as simple as your needs are: to feel alive, never standing still, with the wind in your hair, letting a never-ending story be told instead of being the one to tell it. You are a “merry wanderer of the night,” like Puck in *A Midsummer Night’s Dream*, a playful adventurer like Peter Pan. You will never feel any shame for your nature, and it will never change; it is your very meaning. At the heart of your nature is identification with the innocence of children, thus the unwavering defense of your nature that makes you resistant to change or growing up—because children have more fun. Who’s to say that this isn’t the correct way to live? Society does, and you should now know what society is. How can you commit to only one purpose when you perpetually need to fly away and be free? There appear to be two obvious options: 1) Suck it up and make as much money as possible to create a passive income that would allow you to play all day. 2) Find work that either encompasses freedom and variety or that speaks to your core meaning, such as working with children or having a playful role such as those in the entertainment industry. Vocations that require a constant variety of hours, location, and “duties” would also work well, such as acting—a justifiable way to live multiple characters, embrace fantasies, and let loose.

Work that meets your core needs varies from flying instructor to fisherman. The wind must be in your sails, you have a compulsion for adventure, and you must embrace this need, not suppress

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it, however much contrary pressure you feel from society. You have no need for trappings and “stuff,” so you could retire at a young age on a lot less than most people “need,” making freedom to simply play all day closer than you might think, and living in a mobile camper would keep your scenery changing. With your Genetype, the critical point isn’t so much about what to make your purpose as what to ensure it’s *not*. Think back to the “nightmares” listed when you first discovered your Genetype. Getting tied down and corporate drudgery will kill your soul.

Think about how you’ll be able to stay in your bliss state until the end. Part of your inner journey must be to see that freedom doesn’t have to exist purely in the material plane but also in the spiritual, the freedom from ego. Growing old means facing the reality of growing up because whatever you think, the mirror will contradict you more and more with age. You must learn to not fear death and to appreciate that your consciousness, your Genetype, will live on.

Think about how to deliver your gift to the world in the biggest way possible. When you live according to purpose, you give your gift by encouraging people to be light of heart. Deep down, you are an entertainer, you make us smile as a child would, and you give us the medicine of laughter. When we take life too seriously, we become brittle, and brittle things snap easily. Look around at the world today and we see a dangerous amount of snapping. A child is a symbol of our true self. As resolute as Peter Pan, stay true to yourself, bring home the “lost boys” and girls of today’s society, and bring “Mr. Darling” home to his children. Bring us *all* home.

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MG-6

Protecting, perhaps even battle itself, is your Dominant Driver. Any student of history would have difficulty denying that man apparently has a grim *need* for battle, and you are a symbol of this need. You struggle to understand why nobody sees this, dancing around the issues with words, and you want them to feel as you do. You are the male counterpart of Female Genetype 4; where she is an ancient symbol of unchecked femininity, you are an ancient symbol of unchecked masculinity.

Selecting your purpose is simple for a simple guy: you must get physical. Most little boys grow up playing at the sort of things you're best suited to do, but you must actually *do* them as an adult. The corporate world will kill your spirit, so stay away. You've little interest in retirement plans, salaries, and business cards.

The obvious vocations for you will come as no surprise, and they should all be fulfilling for you, but activate your imagination and let out the protector within you in other ways by seriously considering the less obvious, especially if you feel more altruistic or more intellectually inclined. Firefighting, the military, and contact sports are all perfect occupations for you, each giving a great gift to the world, and each giving you a bliss state once you're in the heat of the action, so ensure your posting gets you as much front-line activity as possible.

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Let's now think out of the box for ways to tick all your boxes and set your imagination in motion. Stuntman and bush pilot would work, but keep thinking. Active protection means getting into the action. The more entrepreneurially minded may consider a security or personal protection agency. Front-line crisis-zone cameraman also gets you in the thick of it and gives protection an additional meaning: depiction of horrific situations to the rest of the world.

Think about how you'll be able to stay in your bliss state until the end. You do not fear death, but becoming elderly and less active is a problem for you. Turning more to the instruction side of things will help: fitness instructor, athletic coach, firearms instructor, etc. Ultimately, your words will be all you have left to protect others, so you must become a *spiritual* warrior, helping others to protect themselves from the greatest threat that exists: themselves.

Think about how to deliver your gift to the world in the biggest way possible. The fortunate aspect of purposes such as fire-fighter is that it saves lives, and saving a life saves the world. But there are even grander ideals that fit your Genetype; think of those boat captains who sail between harpoon and whale. Force may sometimes be required to rescue society from its growing insanity, and you are the man for the job.

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MG-7

Power is your Dominant Driver. Your ancient genes are unconsciously searching for a kingdom or tribe to lead, and without one you come unglued. Your confidence means that you know what a great leader you could be if only people would flock to your banner, so it frustrates you when they don't see that. But respect is earned, not demanded at gunpoint, or you're not a leader; you're a jackbooted thug. Study the greatest leaders of history and what made them great, and you will find your true purpose.

People are desperate to play follow-the-leader, so if it's power and respect you want, then it shouldn't be difficult. But garnering power the wrong way will ultimately cause you to *lose* power. Consider history. We will always need leaders, but we *never* need dictators. You have to choose which kind of "ruler" to be: a Roman Emperor or a 1930s dictator. The Roman Empire lasted for hundreds of years because the idea of Rome was bigger than any one emperor, and it made life *better* for the countries it conquered (integrating those peoples to such a degree that Christianity was eventually able to effectively take it over without destroying it). Hitler didn't enjoy the same length of reign at little over ten years, and notice how he took his own life to avoid admitting he was wrong.

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Finding your happiness is simple: gaining respect from “subjects.” Any other Genetypes who might be reading this probably think I’m being flippant toward you, but you and I both know you’re nodding your head to all I say. Your total lack of duality and self-doubt is what makes you a born leader.

If in the private sector, you’re most likely to have your own business or be CEO of a large business, as long as nobody can tell you what to do, because that will make you deeply unhappy. You have an inclination not simply to be happy with having your own business but to have a world-dominating, game-changing business, but this could be your undoing. Work with a strict accountant because your need to be on top could break your company with overspending or overextending itself.

Failing attaining high ranks in politics or business, choose something in government that puts you behind a badge and grants you absolute power in a certain field and ideally behooves people to kiss your ring.

Think about how you’ll be able to stay happy until the end. As you retire, look at positions such as president of local organizations and charities or HOAs.

Think about how to deliver your gift to the world in the biggest way possible. The day you do is the day you defeat ego and change the world in a way few other Genetypes can. Notice how

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I've only used the word "happiness" for you so far. *Bliss* is a different state, and only when you slay your ego can you be a *truly* great leader who is remembered and respected long after your death. Set the example to other MG-7s, showing them the *true* power that comes from compassion, balance, and gratitude, because when *you* do this, incredible things can happen.

Debriefing:

There is no higher esteem to be found than knowing who you are and being proud of who you are, in other words, when you possess self-confidence that is immune to the exogenous. Your quest entails escaping from The System, and it is a righteous quest, so do not fear shunning from a society that is sleepwalking and that channels its energy into consumerism as a dangerous substitute for individual purpose. Living for "stuff" is not living. If you've chosen your purpose correctly, you should have felt your internal "wanting valve" clank over to a different setting, channeling your wanting energy away from the mindless consumption-consolation complex proliferating society and toward purpose.

When you've succeeded in finding your true purpose, elation may be matched by intimidation, but there is no turning back now you've seen truth. If you chose your purpose correctly, you already know this. If you aren't currently feeling a heady cocktail of anxiety and excitement from

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your choice, then you did not yet reveal your purpose and you should search more deeply, stripping yourself of any restriction your ego may perceive. The dreams that come true are those forged in the fires of our bellies, and it takes having a purpose-centered dream to ignite the required will that lies dormant within us. We get what we think. Most people think about what they *don't* want, and so that's what they get.

If you're fortunate to have discovered that you're honestly already living your purpose, you now have validation and lucidity to be and remain in your bliss without apology. If not, any intimidation or anxiety you feel may be because the task of living your purpose seems too great a challenge, or you're wondering how to derive an income from it or perhaps you don't know where to begin or how to find your way back to that true path, or maybe you're worried about the repercussions from people around you or society itself. I know there's much to consider with any life change, bills to pay, kids to raise, but this is your destiny. *Amor Fati* (love fate).

"How can I be of service?" Your true colors shine vibrantly when living a life according to your personal truth, when you aren't living a *lie*. When you enter your bliss state, you feel a sensation of being humbled and hollowed out that can only be described as *love*. And in that moment you feel chosen, you feel love flow through you, and you begin to love *yourself*.

Hold on to that feeling, and don't let it go as we move into the final section...