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YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



The Dark Side of Genetypes

The ancient Greek's depiction of their gods was interesting (and accurate if you see an Genetype as the "god" inside you) in that they saw their gods as having flaws and weaknesses, unique to each god as well as certain strengths. They were far from perfect, and they became vengeful if disrespected by humanity. Perhaps this is one of the origins of the idea of a wrathful god in later religions.

Treat this as a constructive exercise and a crucial part of self-awareness, only now the imperfections of the Genetype in your subconscious are in plain view, so you can be especially mindful of them. This is a powerful platform for self-growth that will help you in many ways, including personal relationships, so I've set each Genetype's dark side in the context of a relationship as a way of demonstrating the impact of your weaknesses on others if you aren't mindful of them.

Find your Genetype (as well as your partner's if applicable), swallow your pride, and be empowered by the prospect of a new and better version of yourself as shown in the heading in each: "Keys to Consciousness"

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



Also, think about this: if the “god” (Genetype) inside you is now respected- you are aware of it and are carrying out its will in the form of purpose- why should it ever show its dark side again...? I’ve shown the Greek god associated with your Genetype in each respective section.

FG-1

Associated Greek god: Demeter

Keys to consciousness:

Your key to consciousness is to become more introspective, finding your own identity separate from your children or others in need, learning to let go, stopping worrying so much, and loving yourself as much as you love others.

Existing Relationships:

You can go to extremes of helping others to the point of martyrdom, a dark lining on your silver cloud, which can irritate others. Some- one who truly loves you wants you to be happy, so your constant worrying will cause them pain and despair, and that is the very last thing you of all people want. Focusing your compassion at least equally on your partner instead of mostly on your children could be the hardest challenge because you instinctively lock on to those most in need of care. But try to see that the relationship staying intact is of the best interests of your children’s care and happiness, and you must see the bigger picture. There is a balance to helping others and helping yourself and your partner. Don’t treat your partner as a patient; treat

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



them as a lover. Do not let a partner take advantage of your kind nature by constantly draining you or needlessly occupying you.

FG-2

Associated Greek god: Athene

Keys to consciousness:

Your key to consciousness is balancing work and play and embracing your feminine side instead of seeing it as weakness. Develop an “off switch” for your personal life, and know when and how to relax and reconnect with your femininity. Not everything in life is a competition.

Existing Relationships:

You can be as stubborn as you can be proud. Your desire to win (arguments) at all costs is problematic in maintaining any healthy relationship where sometimes one has to let things go or concede a point even when they don't believe it, just for the sake of peace. Friction with others can be a factor if you become competitive in a Beat-the-Joneses fashion, especially if your partner feels financially strained as a result.

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



FG-3

Associated Greek god: Hestia

Keys to consciousness:

Your key to consciousness is not taking the world's problems on your shoulders and embracing more of a public life. Full moons affect everyone to a degree but few more than you, so be mindful of the lunar cycle.

Existing Relationships:

Assert your need for occasional solitude, communicating that it's about your needs and that they should not take it personally. Explain that spontaneity is fun as well as routine, and teach your partner how to be more self-sufficient and to enjoy some solitude for themselves when you have yours. You shouldn't have to lose your identity by getting married, and your desire to please everyone and keep the peace makes you a potential victim for this, leading to your own stress that climaxes in a vicious snap that seems out of character for the usual kindness and calm you emanate.

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



FG-4

Associated Greek god: Aphrodite

Keys to consciousness:

Your key to consciousness is accepting a spiritual death: the reality that looks *do* fade and to selflessly pass on your gift to the world, instead embracing your creativity and intellect as you grow old gracefully while retaining your femininity.

Existing Relationships:

Be aware how draining it can be for a partner to keep the spotlight on you, attend to dramas, and to keep a steady flow of original compliments coming. Your tendency to block out the parts of reality you don't want to be true can make communication an issue, and this is crucial for any relationship to work. You can be manipulative, but doing this to someone you truly love? The enlightened and experienced version of your Genetype has learned to neutralize the threat other females perceive from you by paying them compliments and building up their sexual confidence—your key to gaining and keeping female friends—although the spotlight usually isn't big enough for two of your Genetype in a group.

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



FG-5

Associated Greek god: Artemis

Keys to consciousness:

Your key to consciousness is appreciating that you can't save everyone, and understanding that causes can take generations to win the day. Your late Genetypal predecessors knew this and passed the baton to you, as you shall do the same to the Genetypes that follow you. Also, understand that not all threats you perceive to the vulnerable are actual threats, so be sure not to deliver "friendly fire."

Existing Relationships:

It's as if you're on the edge of your seat a lot of the time, sometimes striking out at perceived threats to the vulnerable without justification, and this will take its toll on the wrong match. You can be competitive and opinionated, perhaps even becoming boastful, stubborn, and unbalanced in the process, and a relationship struggles with someone who always needs to win a fight. You want and need female friends, and now I hope you can see that not all females will have the same priorities as you, so there's no point in getting annoyed with them because of this; it doesn't mean they don't respect a cause.

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



FG-6

Associated Greek god: Persephone

Keys to consciousness:

Your key to consciousness is confronting your fear of being independent. Also see the lengthy explanation in the previous section on your purpose because your key to consciousness is a journey of transformation.

Existing Relationships:

Pre-awakening: Most people loathe drama, so be sure to keep this in check or to transform, or to pick a partner who doesn't mind it or even enjoys it. Be mindful of your darkest side emerging when your fears are triggered. Such traits include: excessive attention seeking, tantrums when others don't pick up after you, entitled behavior, getting into trouble with everyone close to you constantly worrying about you as if a wild teenager.

Post-awakening: Change can scare a partner, and a dramatic change awaits you. They need to understand this and know it doesn't affect the relationship. Try to involve them.

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



FG-7

Associated Greek god: Hera

Keys to consciousness:

Your key to consciousness is separating your happiness from that of your partner's, and not letting them get the upper hand or becoming a slave to their ego. A perpetual source of suffering for you is the perception of not being a good partner simply because the other person is unhappy. Not that you shouldn't listen and help, but their unhappiness is *their* issue and may be an inherent problem that only they can fix.

Existing Relationships:

You want to be the quintessential perfect wife and to make your partner happy, but not for them as much as *yourself* so you can lead and rule *together*. Any perception that they're striving for superiority over you or taking advantage of your idolization can cause a tantrum that may, ironically, involve walking out on them for a few days. So you're far from being a doormat, especially if your partner is unfaithful. Easily angered and not easily rattled, better a partner doesn't trigger this in you, but be mindful of the severe, possibly irreparable damage such a trait can cause, however much you think, "Well, they made me do it by acting that way."

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



MG-1

Associated Greek god: Apollo

Keys to consciousness:

You won't want to hear this, but the path to consciousness and completion is to get in touch with your emotions, become more flexible, and not try to be in control of everything, separating personal life from professional life. Accept that part of the human condition means that not everything revolves around logic. There is a spiritual side of life to at least be open to exploring; see it as a research project.

Existing Relationships:

Your dark side is arrogance, a very unattractive quality, so be mindful of this. Stubbornness means not conceding when necessary, and that's a problem. Being married to your career can make your partner feel more like a mistress and make your children see you as a distant uncle. Use the Genotype guide to identify your partner and the structure and logic behind what they're doing and why. I know your head is constantly yearning to be at the office instead of the home, but force yourself to make one spontaneous and out-of-character act with your family and see where it takes you.

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



MG-2

Associated Greek god: Hades

Keys to consciousness:

Learn to connect with people, muster more acceptance of the human condition, and to triumph at one great love in your life.

Existing Relationships:

You occasionally go on a vocal rampage against people you see as epitomizing the mess out there, and this can cause tension. Your partner is probably the one to work at the relationship, understanding that what you do is important and requires concentration, but bear that in mind and don't take it for granted. If they don't understand you, then educate them and learn about them too. Ideally, this partner becomes a valuable part of your rich inner world and someone to bounce your ideas off. Be mindful of bearing grudges, not showing emotion, not communicating, negativity, and vocal rampages.

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



MG-3

Associated Greek god: Poseidon

Keys to consciousness:

Master the art of counting to three before you speak, getting between your knee-jerk feelings and your mouth. I know you don't mean the heated words, but perception is reality, and it's hard for people to believe you didn't mean it. Also, learn to react (or not) to how a situation actually is, not how you imagine it to be. This will require a great deal of practice and mindfulness.

Existing Relationships:

The good news: you're the same Genetype as rock stars. The bad news: you're the same Genetype as rock stars. Passion and fury alike flow through you, ever present in varying degrees, but consciousness of this fact is half the battle to not letting it ruin your life. In ancient times, your unexpected bursts of rage would've been respected and revered as simply the gods being angry and using you as their microphone, but in modern society this is seen as unacceptable. If trapped in a relationship that's soured, now you know who's likely to blame (yes, you). Your creative strength is your relationship weakness, ultimately. You can be sensitive to criticism, attaching every comment to your creativity. You can be self-centered, only seeing your own problems, the *perceived* intensity of them stealing all your focus, which is a shame because you love your family deeply. Sometimes you wish The Muse would leave you in

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



peace so you could be more present with them. You can become vengeful if wronged or if you *imagine* you're wronged.

MG-4

Associated Greek god: Dionysus

Keys to consciousness:

Experience the rewards of romantic commitment to only one person and exploration of a metaphysical place you've yet to touch.

Existing Relationships:

If you could become a faithful and committed partner, you would be most women's dream. Men can make good friends as well as women, although in some bad examples their homophobic demeanor or success-driven mentalities may have driven you away. People may initially find your dreams and grand plans alluring, but if they don't materialize, they can see you as a fraud or a flake, which was not your intention. You're sensitive, and that can make you changeable and suffer from mood swings, although always kind and gentle with women.

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



MG-5

Associated Greek god: Hermes

Keys to consciousness:

Don't forsake your good qualities, but do appreciate the consequences of your nature, both on yourself and others. Awareness isn't growing up, it's simply opening your eyes, especially when it comes to those closest to you.

Existing Relationships:

"Help me find my shadow," Peter Pan said to Wendy. You have a dark side usually only as far as perceived by a romantic partner because such a relationship usually requires the one thing you're afraid of: getting tied down. A child is innocent, curious, loving, and fun—that's what I told you in your initial Genetype description. Now I must tell you that a child is also amoral, self-congratulating, flighty, and entitled. Be aware of this and how it impacts relationships and friendships. You may also need to be told something several times before it sinks in. You confuse partners when you come across as unreliable, flaky, or tardy with arrangements, not understanding that you simply need space and freedom, that you lose track of time, that you can be gone for days without warning, so explain you don't mean disrespect by it and be aware of the impact. You can be cocky, often patting yourself on the back over a dubious or simplistic

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



claim. When it comes to others trying to engage in a serious conversation with you, they wonder if they're getting through; you appear distracted, somewhere else, with a blank look on your face, and this can be frustrating. You'll often either not make a major decision or consult with several people in order to make any major decisions. You're seen as a risk-taker with a sense of invincibility about it, parading like a superhero.

MG-6

Associated Greek god: Ares

Keys to consciousness:

Connect with your mind as well as your body. You must learn self-control and spirituality as the samurai and Jedi had to.

Existing Relationships:

Be mindful of getting sucked into unnecessary conflict, because your ancient Genetype is sometimes ill suited to the more diplomatic solutions required in contemporary life. Your tendency to constantly feel threatened and to react physically could be a problem domestically (and professionally, especially if a police officer, which is a common career choice for your Genetype), and you must be able to disconnect within the home and not be so quick to fly off the handle or get physical. Learn the Female Genetypes and learn more about why people act the way they do, and count to three before reacting. You must also sympathize with the fact that

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



your children, particularly any son of yours, will likely not be the same Genetype as you, and you're in danger of damaging his impressionable self-esteem at a young age if he appears less of a "man" to you. Fiery and quarrel- some. Quick to the fists, sometimes too quick, actions are preferable to words. You can fly off the handle too easily, and this can lead to relationship issues You seem on edge, oversensitive to things people say or do, taking things too literally and overreacting, overly aggressive. You can sometimes appear uncouth, thickheaded, and animalistic, "such a guy," living for the moment. You can belittle other men when you sneer at them for not being "real men," so you often gravitate to the same Genetypes as you.

MG-7

Associated Greek god: Zeus

Keys to consciousness:

Attainment of consciousness requires a sense of duality, but you won't entertain that because you see emotions as weakness. But if you can see the problem with that mentality and how it affects other people, then you're *already* on the road to completion and consciousness. Humility and hugs coming from you can mean more than from any other Genetype.

Existing Relationships:

The only thing that can make self-confident people lose respect from others is when their confidence struts over the knife edge that divides it from arrogance. You feel incomplete without

the YOU CODE

YOUR NEW LIFE MAP HIDDEN
IN YOUR ANCIENT GENES



a partner at your side, but if you try to reign over them, *you ultimately will lose them* mentally and/or physically. You must treat your partner with the same respect you wish to be treated, which is mighty, or all is lost. Rule as equals or Camelot falls. It's crucial that you do not belittle your partner as if they were one of your "subjects." You feel entitled to a double life, so if that leads you to take a mistress, don't be surprised when you get caught. Otherwise, until you learn humility, no relationship can thrive, and the same fate as Captain Ahab from *Moby Dick* awaits you: ultimately destroyed by a quest to conquer what dared offend you, even life itself. Don't be a prisoner of pride. Regarding family and friends, you sometimes deserve the ring that you require others to kiss, but without power and/or money supporting your claim on a "kingdom," (the) people eventually see through "The Emperor's Clothes," and a cruel emperor would be quickly disregarded. But there is also spiritual wealth, and this can never be taken from you. Best friends or worst enemies? Others must make this choice when it comes to you, although when you say "best friends," you actually mean "loyal subjects."